



## **ARNOLD TIMMERMAN**

*Rio Chico, s/n, Órgiva, 18400, Spain*

*T: +34 636192147*

*E: info@arnoldtimmerman.com*

*W: www.arnoldtimmerman.com*

*Place of birth: Lisse (NL)*

*Date of birth: 29-9-1971*

*Languages: English (fluent), Dutch (fluent), German*

*(intermediate), French (intermediate), Spanish (beginner)*

*International author, consultant, coach, facilitator*

Arnold Timmerman got his masters in civil and social law in 1997 (Leiden, The Netherlands). Instead of pursuing the laid out corporate HRM career, he became a photographer and editor of glossy lifestyle & travel magazines.

5 Years later he turned to his lifelong passion - self-development - which has taken him around the globe facilitating seminars in personal development, emotional awareness and mind-body health to people from a wide variety of nationalities, cultures and professions.

As the European Director of Conscious Company Arnold has also been a co-creator and co-presenter of the international Visionary Leadership Program. This program introduces emotional awareness and emotional intelligence into the leadership realm.

In 2011 Arnold launched a new approach to leadership development called Leadingship©. Leadingship development has been facilitated to organisations, business and individuals in Europe and North America. His book *'Leadingship: Exploring the Essence of Leadership Dynamics'* has been published in the UK ('12), The Netherlands & Belgium ('12) and India ('15).

In 2014 he initiated the Coaching Master Clinics, guiding coaches, consultants and therapists beyond method, skill and technique. His second book *'Mastery in Coaching'* was published that same year. He also started the New Generation Retreats, which provide bespoke retreats for individuals and organisations. In 2015 he co-founded 3811 to create and deliver self-development and change programs for organisations. And he partnered up with a colleague consultant to launch Leading Tracks, a 4-day leadership experience in UK's, Spain's, Estonia's and Canada's nature.

Arnold is currently developing an out-of-the-box self-development brand that will be launching a series of books, training programs and newly designed intervention technologies.

All of Arnold's work is driven by a passion to support individuals and organisations in times of transition and transformation. When Arnold is not working, he is enjoying time with his wife, kid and dogs in the mountains of Southern Spain, paragliding, skiing, rock climbing, scrambling or trail running.

## EXPERIENCE

1993-1994	President of LSV 'Minerva', Netherlands' largest and oldest student association
1997-1998	Music and travel photographer, Europe
1998-2004	Journalist and editor of lifestyle and travel magazines, Credits Media, The Netherlands
2004-current	Accredited Journey Practitioner, The Journey Seminars Ltd.
2004-2009	Global sound & light engineer and head trainer, The Journey Seminars Ltd.
2005-2009	Assessing Journey Practitioners in Europe and North America, The Journey Seminars Ltd.
2008-current	Presenter for The Journey Seminars Ltd. in Europe, Israel and North America
2008-current	Presenter & designer of extra curricular training programs for Journey Practitioners, Europe and U.S.A., The Journey Seminars Ltd.
2009-2010	Presenter & designer of Visionary Leadership Programs, Conscious Company North America & Europe
2009-2010	Director Conscious Company Europe
2009-current	Accredited Conscious Coach & Visionary Leadership Coach, Conscious Company Europe
2009-current	Facilitator of self-development seminars, leadership training programs, coaching and consultancy, Europe and North America
2010-2012	World Advisory Board Member for The Truth Matters
2011-current	Associate consultant Different Dynamics Ltd., UK
2011-current	Author of ' <i>Leadingship – Exploring the Essence of Leadership Dynamics</i> ' (published in the UK, The Netherlands, Belgium and India)
2013-current	Founder & facilitator Coaching Master Clinics
2013-current	Contributing author ' <i>Self-Governance - Organising from the Bottom Up</i> ' (published in The Netherlands)
2013-current	Global Partner My Chief Wellness Officer
2013-current	Director New Generation Retreats, Spain
2014-current	Author of ' <i>Mastery in Coaching</i> ' (published in The Netherlands and Belgium)
2014-current	Associate consultant Complex Adaptive Leadership
2014-current	Director 3811, co-designer 'Excel in Change' program and 'Dogma Detox' intervention technologies
2015-current	Author of ' <i>Dogma Detox</i> ' (to be published 2017)
2015-current	Author of ' <i>Finding Your Breath</i> ' (self-published January 2016)
2015-current	Co-creator and co-facilitator Leading Tracks

## **EDUCATION**

1990-1997	Law studies, University of Leiden, The Netherlands - masters in civil and social law
1999-2000	TV & radio presenter training, Open Studio, The Netherlands
2003-2004	Journey Practitioners Program, The Journey Seminars Ltd. - accredited Journey Practitioner
2003-2005	The Enneagram, The Journey Seminars Ltd.
2009	Visionary Leadership Program, Conscious Company North America - accredited Conscious Coach & Visionary Leadership Coach
2010	The Fundamental Principles of Organisational Constellations, Nowhere Academy, UK
2016	Enneagram Master Class, The Journey Seminars Ltd.

## **AWARDS**

2012	<i>'Leadingship – Exploring the Essence of Leadership Dynamics'</i> nominated Best Coaching Book <a href="http://www.nobco.nl">www.nobco.nl</a>
------	--

## **CURRENT OWN PLATFORMS**

[www.arnoldtimmerman.com](http://www.arnoldtimmerman.com)  
[www.leadingship.co.uk](http://www.leadingship.co.uk)  
[www.dogmadetox.com](http://www.dogmadetox.com)  
[www.3811.eu](http://www.3811.eu)  
[www.leadingtracks.com](http://www.leadingtracks.com)  
[www.newgenerationretreats.com](http://www.newgenerationretreats.com)